



---

---

No. 9214

FORECASTING TURNING POINTS: IS A TWO-STATE  
CHARACTERIZATION OF THE BUSINESS CYCLE APPROPRIATE?

by

Kenneth M. Emery

and

---

---

# Research Paper

---

---

Federal Reserve Bank of Dallas

Forecasting Turning Points: Is a Two-State Characterization  
of the Business Cycle Appropriate?

by

Kenneth M. Emery\*

and

Evan F. Koenig\*

**Abstract:** Two-state models of the Commerce Department's leading and coincident indexes appear to be misspecified. Cyclical peaks in these indexes are more rounded than are cyclical troughs. Further, the variability of changes in the indexes is unusually high near cyclical troughs.

\* Senior Economist, and Senior Economist and Policy Advisor: Federal Reserve Bank of Dallas, 2200 N. Pearl Street, Dallas TX 75201.

We thank Zsolt Becsi, John Duca, and Mark Wynne for helpful comments and Shengyi Guo for his excellent research assistance. The views expressed are those of the authors and do not necessarily reflect the views of the Federal Reserve Bank of Dallas or the Federal Reserve System.

## Introduction

Neftci's (1982) application of Shiriyayev's (1978) results on the optimal detection of regime switches has gained popularity as a methodology for forecasting business-cycle turning points.<sup>1</sup> Using sequential analysis and monthly observations on a leading index--usually the Commerce Department's Composite Index of Leading Indicators (CLI)--the Neftci formula calculates the probability that a business-cycle turning point is imminent. The formula assumes that each observation of the percentage change in the CLI comes from one of two urns, an expansion urn or a contraction urn, and that the contents of each urn have distributions with constant means and variances.

Recent results indicate that simple rules-of-thumb often do as well as the more sophisticated Neftci methodology in predicting business-cycle turning points.<sup>2</sup> This finding raises doubts about whether Neftci's simple two-urn assumption is valid. Here, indeed, we show that both the mean and the variance of the CLI's growth rate vary systematically within the expansion and contraction phases of the index.

We also investigate the adequacy of two-state models for describing growth in the Commerce Department's Composite Index of Coincident Indicators (CCI). Just as Neftci has advocated a two-state model of changes in the index of leading indicators, Hamilton (1989) has suggested that growth in aggregate economic activity can usefully be modeled as a two-state Markov process. We

---

<sup>1</sup> Studies using this methodology include Diebold and Rudebusch (1989, 1991), Palash and Radecki (1985), and Niemira (1991).

<sup>2</sup> Koenig and Emery (1991) consider rules of thumb based upon the number of consecutive monthly declines (increases) in the CLI, the cumulative deviation of the CLI from recent local maxima (minima), and moving averages of the growth in the CLI. The analysis is conducted entirely in "real time," using unrevised data.

investigate the CCI because its movements are representative of trends in a broad cross-section of the economy but, unlike GNP, the CCI is available on a monthly basis.<sup>3</sup> Since the NBER assigns business-cycle peaks and troughs to specific months, the use of a monthly index allows us to achieve extra precision in our analysis. Further, since recessions sometimes last as few as six months--six months that may include only one complete quarter--the use of quarterly data would preclude an analysis of changes in the mean and variance of economic growth within contractions. Using the CCI, we find systematic changes in the variance of the economy's growth rate within contractions, and systematic changes in the economy's mean growth rate within expansions.

### The Results

Our basic data extend from February 1948 to May 1991. Each expansion phase of the leading index was divided into three subperiods of equal length, which we label, respectively, stages 1, 2, and 3. Contraction phases were similarly divided, into stages 4 through 6.<sup>4</sup> The dates separating expansion phases from contraction phases are the peak and trough dates of the leading index itself, as published by the Commerce Department. Expansion and contraction phases of the coincident index were also divided into thirds. For

---

<sup>3</sup> The composite coincident index includes measures of industrial production, real manufacturing and trade sales, real personal income (less transfers), and non-farm employment.

<sup>4</sup> Our six-stage division of the business cycle is a minor modification of an approach introduced by Burns and Mitchell (1946) and adopted by King and Plosser (1989). Burns and Mitchell treat the three months centered on peaks and the three months centered on troughs as transitional stages. The expansions and contractions that separate these transitions are then each split into three additional stages. When our estimations are repeated using the Burns and Mitchell stages, results do not differ qualitatively from those reported below.

the coincident index, we used two alternative datings of the expansion and contraction phases--one dating corresponding to the peaks and troughs of the coincident index itself, and a second dating based on the NBER business-cycle reference peaks and troughs.<sup>5</sup> Results are not sensitive to the difference in dating, so we focus on results based on the NBER reference cycle.

Table 1 presents mean growth rates of the leading and coincident indexes during the different stages of the business cycle. The mean growth rates for the indexes were obtained by regressing percent changes in the indexes on six dummy variables, each defined to equal one within a particular stage of the business cycle and zero otherwise. Table 1 also presents the results of tests obtained by running restricted versions of the regressions. All regressions use the Newey-West weighting scheme to correct for serial correlation and heteroskedasticity.

For the leading index, the Chi-Square test statistics indicate that the Neftci assumption of a constant mean rate of increase within expansions can be decisively rejected.<sup>6</sup> The mean rate of increase of the leading index during the first third of its expansion phase is significantly higher than in the second and third stages. During contractions, the Neftci assumption of constant mean growth is also rejected: the Chi-Square statistics indicate that the leading index declines significantly more rapidly in the two later stages of its contraction phase than during the first stage of contractions. In brief, the leading index's troughs are substantially sharper than its peaks.

For the coincident index, the Chi-Square statistics reported in Table 1

---

<sup>5</sup> At the time of this writing, no official end to the latest recession had been announced. We assume a trough was reached in May 1991.

<sup>6</sup> The correction for heteroskedasticity and serial correlation does not affect the results of these tests.

indicate that during economic downturns the hypothesis of a constant mean rate of decline cannot be rejected. However, the test statistics indicate that the coincident index--much like the leading index--increases at a faster rate in the first stage of expansions than in the second and third stages of expansions.<sup>7</sup> The latter finding is consistent with results obtained by Wynne and Balke (1992) for industrial production and by Sichel (1992) for GNP.

Table 2 presents estimates of the variances of growth in the leading and coincident indexes during different stages of the business cycle. Variance estimates were obtained by regressing squared residuals from the regressions reported in Table 1 on the same sets of dummies used as right-hand-side variables in the earlier regressions. Restricted versions of the variance regressions were used to obtain Chi-Square statistics for testing coefficient equality.

Within expansions, the Neftci assumption of constancy in the variance of percentage changes in the leading index is rejected at the 10-percent (but not the 5-percent) significance level. In particular, the variance of the growth rate of the index is significantly higher during the first third of the expansion phase than during the final third of the expansion phase. During contractions, this pattern is reversed: the variance of the growth rate of the leading index is significantly higher at the end of contractions than at the beginning of contractions. Thus, the rate of change of the leading index is more variable around troughs than it is around peaks.

Examining the coincident index, the hypothesis that the variance of the

---

<sup>7</sup> Using the coincident index's own peaks and troughs (rather than the NBER reference dates) to define the stages of the business cycle, the coincident index increases faster in the first two stages of expansions than in the third stage. See Table 3.

growth rate is constant cannot be rejected for expansions but can be rejected for contractions.<sup>8</sup> As with the leading index, the sample variance of changes in the coincident index increases as the contraction proceeds.

### Conclusions

This paper shows that models with at least four states are required to account for patterns in the mean and variance of growth in the Commerce Department's leading and coincident indexes. Thus, we find that both the leading index and the coincident index increase at a particularly fast rate early in expansions. The leading index also **decreases** at a particularly fast rate late in contractions. The variance of the growth rate of the leading index is higher both just before and just after troughs in the index than at other times. Similarly, the variance of the growth rate of the coincident index is especially high in the final stages of contractions.

Our results for the leading index may help to explain why it often fails to give reliable signals of business-cycle turning points, regardless of the rule used to interpret its movements. Because the leading index tends to increase at a decreasing rate as an expansion proceeds, the transition from expansion to contraction is often not sharp or distinct. And although there is a shift from very low to very high average growth rates as the index moves from its contraction into its expansion phase, the variance of the index's growth rate is particularly high both just prior to and just after the transition from contraction to expansion, making inference difficult.

---

<sup>8</sup> Using the coincident index's own peaks and troughs (rather than the NBER reference dates) to define the stages of the business cycle, the variance of the growth rate appears to dip in the middle stage of expansions. See Table 3.

Our results for the composite coincident index should be of independent interest. They are consistent with recent work indicating the presence of a "bounce-back" effect in real economic activity, but extend this work by examining changes in the economy's mean growth rate within contractions and in the variance of the economy's growth rate over the business cycle.



## References

- Burns, Arthur and Wesley C. Mitchell, 1946, Measuring Business Cycles (National Bureau of Economic Research, New York).
- Diebold, Francis X. and Glenn D. Rudebusch, 1991, "Turning Point Prediction with the Composite Leading Index," in: Kajal Lahiri and Geoffrey H. Moore, eds., Leading Economic Indicators: New Approaches and Forecasting Records (Cambridge University Press, Cambridge) 231-56.
- \_\_\_\_\_, 1989, "Scoring the Leading Indicators," Journal of Business 62, 369-91.
- Hamilton, James D., 1989, "A New Approach to the Economic Analysis of Nonstationary Time Series and the Business Cycle," Econometrica 57, 357-84.
- King, Robert G. and Charles I. Plosser, 1989, "Real Business Cycles and the Test of the Adelmans," NBER Working Paper No. 3160.
- Koenig, Evan F. and Kenneth M. Emery, 1991, "Misleading Indicators? Using the Composite Leading Indicators to Predict Cyclical Turning Points," Federal Reserve Bank of Dallas Economic Review (July), 1-14.
- Neftci, Salih, 1982, "Optimal Prediction of Cyclical Downturns," Journal of Economic Dynamics and Control 4, 225-41.
- Niemira, Michael P., 1991, "An International Application of Neftci's Probability Approach for Signalling Growth Recessions and Recoveries Using Turning Point Indicators," in: Kajal Lahiri and Geoffrey H. Moore, eds., Leading Economic Indicators: New Approaches and Forecasting Records (Cambridge University Press, Cambridge) 91-108.
- Palash, Carl J. and Lawrence J. Radecki, 1985, "Using Monetary and Financial Variables to Predict Cyclical Downturns," Federal Reserve Bank of New York Quarterly Review (Summer), 36-45.
- Shiryayev, A. N., 1978, Optimal Stopping Rules, (Springer-Verlag, New York).
- Sichel, Daniel E., 1992, "The Three Phases of the Business Cycle: What Goes Down Must Come Up," Mimeo: Board of Governors of the Federal Reserve System.
- Wynne, Mark A. and Nathan S. Balke, 1992, "Are Deep Recessions Followed By Strong Recoveries?," Economics Letters (forthcoming).

Table 1

Means of Percentage Changes in the Leading and  
Coincident Indexes Over Business-Cycle Stages 1948:2-1991:5

Regressions of Percentage Change on Stage Dummies: Coefficient  
Estimates Are Sample Means Over that Stage

	Leading Index		Coincident Index	
	Coeff.	t-statistic	Coeff.	t-statistic
Stage 1	.94	(10.87)	Stage 1	.69 (10.33)
2	.48	(6.65)	2	.45 (6.82)
3	.30	(4.51)	3	.32 (4.91)
4	-.38	(-4.23)	4	-.81 (-9.93)
5	-.71	(-6.22)	5	-.85 (-7.09)
6	-.91	(-5.54)	6	-.93 (-4.04)
	Adj. R <sup>2</sup> = .33		Adj. R <sup>2</sup> = .31	

Chi-Square statistics for mean equality:

Leading Index		Coincident Index	
Test	$\chi^2$	Test	$\chi^2$
1 = 2	16.84 <sup>***</sup>	1 = 2	6.57 <sup>***</sup>
1 = 3	34.26 <sup>***</sup>	1 = 3	15.25 <sup>***</sup>
2 = 3	3.28 <sup>*</sup>	2 = 3	1.82
1 = 2 = 3	34.73 <sup>***</sup>	1 = 2 = 3	15.71 <sup>***</sup>
4 = 5	4.97 <sup>**</sup>	4 = 5	0.75
4 = 6	7.83 <sup>***</sup>	4 = 6	0.21
5 = 6	1.00	5 = 6	0.78
4 = 5 = 6	9.93 <sup>***</sup>	4 = 5 = 6	0.25
1 = 6	99.55 <sup>***</sup>	1 = 6	45.83 <sup>***</sup>
3 = 4	36.93 <sup>***</sup>	3 = 4	117.03 <sup>***</sup>

\*\*\* reject null hypothesis of equality at .01 significance level  
 \*\* reject null hypothesis of equality at .05 significance level  
 \* reject null hypothesis of equality at .10 significance level

Chi-Square statistics distributed with one degree of freedom for two-stage tests and with two degrees of freedom for three-stage tests.

Table 2

Variations of Percentage Changes in the Leading and  
Coincident Indexes Over Business-Cycle Stages 1948:2-1991:5

Coefficient Estimates Are Sample Variances of Percentage Change

Leading Index			Coincident Index		
	Coeff.	t-statistic		Coeff.	t-statistic
Stage 1	.0092	(7.37)	Stage 1	.0061	(5.47)
2	.0069	(4.92)	2	.0061	(4.01)
3	.0057	(6.72)	3	.0063	(4.18)
4	.0034	(5.31)	4	.0020	(3.31)
5	.0065	(3.65)	5	.0058	(5.73)
6	.0110	(5.21)	6	.0150	(2.69)
Adj. R <sup>2</sup> = .01			Adj. R <sup>2</sup> = .01		

Chi-Square statistics for variance equality:

Leading Index		Coincident Index	
Test	$\chi^2$	Test	$\chi^2$
1 = 2	1.53	1 = 2	0.60
1 = 3	5.42**	1 = 3	0.19
2 = 3	0.53	2 = 3	0.14
1 = 2 = 3	5.43*	1 = 2 = 3	0.22
4 = 5	2.70	4 = 5	10.78***
4 = 6	11.94***	4 = 6	5.42**
5 = 6	2.70*	5 = 6	2.68
4 = 5 = 6	13.65***	4 = 5 = 6	15.45***
1 = 6	0.52	1 = 6	2.52*
3 = 4	4.80**	3 = 4	7.25*

\*\*\* reject null hypothesis of equality at .01 significance level

\*\* reject null hypothesis of equality at .05 significance level

\* reject null hypothesis of equality at .10 significance level

Chi-Square statistics distributed with one degree of freedom for two-stage tests and with two degrees of freedom for three-stage tests.

Table 3

Means and Variances of Percentage Changes in the Coincident  
Index Over Business-Cycle Stages 1948:2-1991:5

(Stages defined by using the Commerce Department's  
dating of Coincident Index turning points)

Sample Means			Sample Variances		
	Coeff.	t-statistic		Coeff.	t-statistic
Stage 1	.66	(8.25)	Stage 1	.0083	(3.33)
2	.48	(8.42)	2	.0044	(7.05)
3	.25	(3.05)	3	.0093	(4.51)
4	-.64	(-8.45)	4	.0017	(5.53)
5	-.54	(-4.62)	5	.0055	(4.99)
6	-.66	(-2.97)	6	.0150	(4.16)
Adj. R <sup>2</sup> = .21			Adj. R <sup>2</sup> = .01		

Chi-Square statistics for mean and variance equality:

Mean Tests		Variance Tests	
Test	$\chi^2$	Test	$\chi^2$
1 = 2	3.24*	1 = 2	2.32
1 = 3	13.26***	1 = 3	0.10
2 = 3	5.72**	2 = 3	5.20**
1 = 2 = 3	13.37***	1 = 2 = 3	7.07**
4 = 5	0.50	4 = 5	10.86***
4 = 6	0.01	4 = 6	13.46***
5 = 6	0.23	5 = 6	6.31**
4 = 5 = 6	0.54	4 = 5 = 6	23.77***
1 = 6	30.95***	1 = 6	2.33
3 = 4	64.29***	3 = 4	13.17***

\*\*\* reject null hypothesis of equality at .01 significance level  
 \*\* reject null hypothesis of equality at .05 significance level  
 \* reject null hypothesis of equality at .10 significance level

Chi-Square statistics distributed with one degree of freedom for two-stage tests and with two degrees of freedom for three-stage tests.

RESEARCH PAPERS OF THE RESEARCH DEPARTMENT  
FEDERAL RESERVE BANK OF DALLAS

Available, at no charge, from the Research Department  
Federal Reserve Bank of Dallas, Station K  
Dallas, Texas 75222

- 9101 Large Shocks, Small Shocks, and Economic Fluctuations: Outliers in Macroeconomic Time Series (Nathan S. Balke and Thomas B. Fomby)
- 9102 Immigrant Links to the Home Country: Empirical Implications for U.S. and Canadian Bilateral Trade Flows (David M. Gould)
- 9103 Government Purchases and Real Wages (Mark Wynne)
- 9104 Evaluating Monetary Base Targeting Rules (R.W. Hafer, Joseph H. Haslag and Scott E. Hein)
- 9105 Variations in Texas School Quality (Lori L. Taylor and Beverly J. Fox)
- 9106 What Motivates Oil Producers?: Testing Alternative Hypotheses (Carol Dahl and Mine Yucel)
- 9107 Hyperinflation, and Internal Debt Repudiation in Argentina and Brazil: From Expectations Management to the "Bonex" and "Collor" Plans (John H. Welch)
- 9108 Learning From One Another: The U.S. and European Banking Experience (Robert T. Clair and Gerald P. O'Driscoll)
- 9109 Detecting Level Shifts in Time Series: Misspecification and a Proposed Solution (Nathan S. Balke)
- 9110 Underdevelopment and the Enforcement of Laws and Contracts (Scott Freeman)
- 9111 An Econometric Analysis of Borrowing Constraints and Household Debt (John V. Duca and Stuart S. Rosenthal)
- 9112 Credit Cards and Money Demand: A Cross-Sectional Study (John V. Duca and William C. Whitesell)
- 9113 Rational Inflation and Real Internal Debt Bubbles in Argentina and Brazil? (John H. Welch)
- 9114 The Optimality of Nominal Contracts (Scott Freeman and Guido Tabellini)
- 9115 North American Free Trade and the Peso: The Case for a North American Currency Area (Darryl McLeod and John H. Welch)
- 9116 Public Debts and Deficits in Mexico: A Comment (John H. Welch)

- 9117 The Algebra of Price Stability (Nathan S. Balke and Kenneth M. Emery)
- 9118 Allocative Inefficiency in Education (Shawna Grosskopf, Kathy Hayes, Lori Taylor, William Weber)
- 9119 Student Emigration and the Willingness to Pay for Public Schools: A Test of the Publicness of Public High Schools in the U.S. (Lori L. Taylor)
- 9201 Are Deep Recessions Followed by Strong Recoveries? (Mark A. Wynne and Nathan S. Balke)
- 9202 The Case of the "Missing M2" (John V. Duca)
- 9203 Immigrant Links to the Home Country: Implications for Trade, Welfare and Factor Rewards (David M. Gould)
- 9204 Does Aggregate Output Have a Unit Root? (Mark A. Wynne)
- 9205 Inflation and Its Variability: A Note (Kenneth M. Emery)
- 9206 Budget Constrained Frontier Measures of Fiscal Equality and Efficiency in Schooling (Shawna Grosskopf, Kathy Hayes, Lori Taylor, William Weber)
- 9207 The Effects of Credit Availability, Nonbank Competition, and Tax Reform on Bank Consumer Lending (John V. Duca and Bonnie Garrett)
- 9208 On the Future Erosion of the North American Free Trade Agreement (William C. Gruben)
- 9209 Threshold Cointegration (Nathan S. Balke and Thomas B. Fomby)
- 9210 Cointegration and Tests of a Classical Model of Inflation in Argentina, Bolivia, Brazil, Mexico, and Peru (Raúl Anibal Feliz and John H. Welch)
- 9211 Nominal Feedback Rules for Monetary Policy: Some Comments (Evan F. Koenig)
- 9212 The Analysis of Fiscal Policy in Neoclassical Models<sup>1</sup> (Mark Wynne)
- 9213 Measuring the Value of School Quality (Lori Taylor)
- 9214 Forecasting Turning Points: Is a Two-State Characterization of the Business Cycle Appropriate? (Kenneth M. Emery & Evan F. Koenig)